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## PRS Building & indirect contact measures for COVID-19 (Coronavirus)

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To: Riding &lt;riding@plainsboroescuesquad.org&gt;, Members &lt;members@plainsboroescuesquad.org&gt;

Good Morning Everyone,

With the Coronavirus gaining momentum, your personal health and adherence to safety is important not just for you, but for all of us members.

While we use PPE for all direct contact with patients, it leaves a big room for exposure via indirect contact.

We need to make certain our ambulances and building are in focus as both are high risk settings and very welcoming to contaminants from our patients, and ourselves.

I suggest the following as preventative measures:

- **Do not assume** contact points have been decontaminated by the prior crew if you didn't do so yourself.
- Used PPE should be **disposed at the hospital** rather than bringing it back to our building.
- Use the **ventilation system** on the rig to circulate the air during certain calls. (found on console)
- When the rig is back in quarters, open the back doors for a bit to **air out the inside**. (CDC suggested)
- Be aware of your **personal items to decon** after a call prior to taking it home! (cellphones, pens, scopes, etc.)
- **Wipe the door knobs** we often use at the building.
- **Wipe the computer keyboards** (after doing charts mainly)
- PLEASE **wash your hands!** even if you did at the hospital, it does not hurt to do so after rig checks and drills using gears.
- **Avoid touching your face** during calls, rigcheck, drills, and chores.

These only focus on the indirect contact / building matters.

There are precautions to take while on a call / decontaminating which I will leave for the line to share.

Below are some useful links from the CDC, including COVID-19.

I highly recommend everyone to read through even if it serves as a refresher.

### - **CDC Guidance for EMS**

- [CDC Main Page for COVID-19](#)

- [Preventing COVID-19 Spread in Communities](#) (Share this with friends and family)

- [Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease](#)

Additional information:

- [Quarantine Station Contact List](#)

- [Evaluating and Reporting Persons Under Investigation \(PUI\)](#)

If anyone has any concerns, please let me know.

Thank you,  
Jack B.